



Jiri to EBC Trek

Facts

Destination: Nepal

Trip Difficulty: Moderate

Trip Style: Trekking and Tour

Transport: Private Vehicle / Aeroplane

Food: Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

Accommodation: 3-Star Hotel + Teahouses + Lodges

Group Size: 02 - 10

Max Elevation: 5,500m

Jiri to Everest Base Camp Trek goes through the historical trail that was used by the pioneer Everest climbers- Tenzing Norgay Sherpa and Edmund Hillary the trail you walk is rocky and difficult to cross over. The waterfalls and green hill gorges make this trek spectacular.

Avoiding Lukla, you join with the main EBC trail in Phakding. From Jorsalle, we walk through the Sagarmatha National Park. The natural diversity is superb with the diverse trees and wild animals. Following the trail via Sherpa capital Bazaar and Khumjung, Tengboche monastery, Dingbuche, Lobuche and Gorakshep, you trek to the Everest base camp and Kalapatthar. Exploring Sherpa culture and their lifestyle is another amazing thing to do. The views of Mt. Everest, Lhotse, Lhotse Shar, Ama Dablam, Lobuche Peak

ry. The gateway of this trek- Jiri is also known as a little paradise of Nepal. The long journey before meeting the usual route via Lukla is helpful for acclimatization.

Walking from Bhandar, this Jiri to EBC trek passes several Sherpa communities. The long



walk goes through the terraced fields and green hills. Sometimes

, Kangtega, Thamserku and others are exciting.

Nepal Hiking Trek organizes the Jiri to EBC trek with a perfect arrangement of guide and itinerary. If you require some extra days for rest and acclimatization, feel free to contact us. Enjoy the trek through the historical route.

Highlights

- While trekking Jiri from Kathmandu, enjoy the beauty on the way, enjoy beautiful views of the terraced farm, people rafting in the Bhoté Koshi River, Himalayan views, beautiful Himalayan flora, and fauna, flowing rivers, beautiful waterfalls, cultural and traditional villages.
- Overwhelmed with the natural beauty as well as the cultural untouched of the ethnic inhabitants.
- On the way from Jiri to Everest Base Camp Trek, you can experience beautiful rhododendron and pine forests, walk through the terraced green farm, numerous ethnic settlements, a valley with amazing views of the snow-capped mountains and surrounding landscapes dominate the journey.
- One of the classic trekking routes to the heart of the Everest Region.
- One of the popular trekking routes which offers both cultural and natural beauty of the Himalayan region. And also offers the opportunity to explore the diverse landscapes of the whole Khumbu region.
- Hiking to the Kalapather- the attractive and vantage point to enjoy the panoramic views of the world's highest mountains like Mt Everest, Mt Makalu, Ama Dablam, Nuptse, Lhotse, and other surrounding peaks.
- Views of the Khumbu glacier- the biggest glacier of the Khumbu region.



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- Sagarmatha National Park- Extends around 2400 meters to 8848 meters and is listed as a UNESCO World Natural Heritage Site.

Day to Day Itinerary

Day 01: Kathmandu arrival

Day 02: City tour or free day to explore and shop on your own.

Day 03: Early morning drive to Jiri-Bhandar.

Day 04: Bhandar to Sete .

Day 05: Sete to Junbesi .

Day 06: Junbesi to Nunthala.

Day 07: Nhuntala to Kharikhola.

Day 08: Kharikhola to Surke.

Day 09: Surkhe to Phakding

Day 10: Trek to Namche Bazaar

Day 11: Namche Bazaar, rest and acclimatization day

Day 12: Namche Bazaar to Tengboche

Day 13: Tengboche to Dingboche

Day 14: Dingboche to Lobuche

Day 15: Trek to Everest Base Camp (5364m) via Gorekshep.

Day 16: Hike to Kalapattar (5545m), descend to Gorakshep - Pheriche.

Day 17: Pheriche to Namche Bazaar.

Day 18: Namche Bazaar to Lukla.

Day 19: Fly back to Kathmandu.

Day 20: Rest day, farewell dinner.

Day 21: Departure.



Cost Includes

- Airport pick-up and drop off by private car/van/bus.
- 4 Nights accommodation in 3 stars (***) hotel in Kathmandu with the BB plan.
- Kathmandu city tour including city tour guide salary, and private vehicle.
- Full board meal during the trek (3 times tea/coffee, breakfast, lunch, and dinner).
- kathmandu-Jiri By private car.
- Lukla-kathmandu flight.
- Teahouse lodging on the trek.
- Seasonal fruits during the trek.
- Experienced, expert, friendly guide, porter and their food, accommodation, salary, equipment, and insurance.
- Duffle bag for the trekking use.
- First aid kit included Oxi-meters
- All permits and Tims (please bring a passport copy and photos).
- Government tax, farewell dinner.

Cost Excludes

- International flight tickets.
- Travel insurance.
- Nepal entry visa.
- Cold drinks, snacks, and personal equipment.
- Tips for guide, porters and drivers.