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# Everest Chola Pass Trek

## Facts

**Destination:** Nepal

**Trip Difficulty:** Strenuous

**Trip Style:** Trekking and Tour

**Transport:** Private Vehicle / Aeroplane

**Food:** Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

**Accommodation:** 3-Star Hotel + Teahouses + Lodges

**Group Size:** 01 - 15

**Max Elevation:** 5,600m

The Everest Chola Pass Trek features spectacular mountain passes, Everest Base Camp (EBC) and the fascinating culture of the Sherpa people. Unlike the classic EBC walk, we get to explore various glacial lakes and approach EBC via the challenging, yet spectacular Cho La Pass trek top (5,330 meters).

The Everest Chola Pass Trek following a flight to Lukla, we start our trek by crossing the Dudhkosi valley and then walk up steeply to the bustling Sherpa capital of Namche Bazaar, where we spend an acclimatization day. The town, highly influenced by Tibetan Buddhism, has colorful monasteries, Chhortens, and fluttering prayer flags. Reaching the Gokyo Valley, we explore breathtaking glacial lakes. A short hike to the Gokyo Ri offers panoramas of glaciers and the snowy peaks of Mt. Everest (8,848m), Lhotse (8,516m), Makalu (8,481m), Cho Oyu (8,201m), and others.

The Everest Chola Pass trek is the most difficult section of the trek, and Nepal Hiking Trek



fully supports you through this challenging stretch. After crossing the pass, we continue to Everest Base Camp. We descend through the main route of the EBC trek, including stops at Lobuche, Dingbuche, Khumjung, Phakding and finally the airport town of Lukla. The best time for this trek is during the fall and spring.

Nepal Hiking Trek recommends that you include some extra days in your trip because flights out of Lukla can experience long delays and cancellations, even for cloud cover. For any queries, please feel free to contact us:

**8000m five mountain can see Chola pass trek.**

## Highlights



- To experience the thrilling and the adventurous flight to Lukla which is also considered one of the world adventures airport.
- Experience the beautiful walk through the blooms rhododendron, lush alpine and bamboo forest, diverse landscapes and breathtaking Himalayan flora and fauna.
- Explore the charming village in-rich with the local culture and tradition, Sherpa Lifestyle and many more on the trail.
- Experiencing the several monasteries and the Gumba enjoy the nourishing insight of the Buddhist monks.
- Hike the Cho La Pass- one of the adventures beautiful pass of the Everest Region.
- Panoramic views of the uncountable mountains like Thamserku, Kangtega, KusumKangaroo, Lobuche, Makalu, Cho-Oyu, Island Peak, Cholatse, Tabuchi, Pumori, Nuptse, Lhotse and world highest mountain Mt. Everest.
- Views of the Khumbu glacier- the longest glacier of Nepal and also the Ngozumpu glacier- this glacier also considered the biggest glacier.
- Experience the Everest Base Camp

## Day to Day Itinerary

**Day 01: Fly to Lukla (2,869m) and trek to Phakding**

**Day 02: Trek to Namche Bazaar**

**Day 03: Namche Bazaar, Rest and Acclimatization**

**Day 04: Namche Bazaar to Dole**

**Day 05: Dole to Machhermo**

**Day 06: Machhermo to Gokyo Lake**

**Day 07: Hike to Gokyo Ri (5,350m), return to Goyko Lake.**

**Day 08: Gokyo Lake to Thangnak**



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**Day 09: Thangnak to Dzongla (4,860m) via Cho-la Pass**

**Day 10: Dzongla to Lobuche**

**Day 11: Lobuche to Gorak Shep to EBC (5,364m) to Gorak Shep**

**Day 12: Gorak Shep to Kala Patthar to Pheriche**

**Day 13: Trek to Namche Bazar.**

**Day 14: Namche to Lukla.**

**Day 15: Fly back to Kathmandu.**

## **Cost Includes**

- Airport pick-up and drop-off by private car/van/bus.
- 2 nights accommodation in a 3-star hotel in Kathmandu with the BB plan.
- Kathmandu-Lukla-Kathmandu flights.
- Full board meals during the trek (breakfast, lunch, and dinner).
- Teahouse lodging on the trek.
- Seasonal fruits during the trek.
- Expert, experienced, friendly guide and porter as well as their food, accommodation, salary, equipment, and insurance.
- Duffle bag for the trek
- First Aid kit included Oxi-meters
- All permits and Tims (please bring a passport copy and photos).
- Government tax, farewell dinner.

## **Cost Excludes**

- Travel insurance.
- Cold drinks, snacks, and personal equipment.



- Tips for guides, porters and drivers.