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# Everest Base Camp Trek

## Facts

**Destination:** Nepal

**Trip Difficulty:** Moderate

**Trip Style:** Trekking and Tour

**Transport:** Private Vehicle / Aeroplane

**Food:** Kathmandu-Breakfast, Mountain-Breakfast+Lunch + Dinner

**Accommodation:** 3-Star Hotel + Teahouses + Lodges

**Group Size:** Min. 1 pax

**Max Elevation:** 5,560m

## Everest Base Camp Trek Overview

Everest Base Camp Trek is a legendary trekking route in the Everest region that trekking lovers continue to pursue worldwide. A 15-day journey to Everest Base Camp makes Mt. Everest the primary heaven-bound purpose, and the experience is absolute magic. It sounds like something one dreams of for a lifetime.

Nevertheless, Nepalis call it Sagarmatha and Chomolungma, Tibetan for Goddess of the Mother of the World. What better excuse to take the trip you've always wanted to EBC and stand at the foot of the world's highest mountain—a moment many never have the opportunity to experience? However, the nice part of the trek is the clear, eye-wide open views of Mount Everest, Lhotse, Nuptse, Amadablam, and other cute hills around it. The snowy majesties around Everest Base Camp are too grand to be pleased outdoors.

Furthermore, Base Camp means nothing; it's all about cultural and spiritual diversity to embrace the gracious, heartwarming people of the Sherpa. However, the main attractive aspects of this trek include spotting snow-covered Mount Everest at 8848.86 m.



Additionally, if you love to see wild species, a pleasant surprise is just a few steps further. This trek routes through the Sagarmatha National Park, often seeing other species of birds and animals, like the Himalaya Tahr and Red Panda, to make this skiing holiday a little more special. The price of Everest Base Camp Trek varies from \$1345 to \$2700 per person depending on how long you can spend it and which services you want to spend it on.

Like many treks into the alpine world, EBC is not only a trek into this realm but a trek into the realm of the human spirit in its history and legend. EBC is the key to either a realm of extremes or a kingdom of the high steeple and the low terror of grandiosity.

EBC Trek is one of the most delightful trekking packages in Nepal. However, getting in touch with the local experts of the [Nepal Hiking Trek \(https://www.nepalhikingtrek.com/\)](https://www.nepalhikingtrek.com/) would be the best thing that makes the Everest Base Camp Trek noteworthy. For the entire course of this fantastic 2-week tour, our experienced guides and porters will be by your side. If you need more information about the Everest Base Camp trek, [Contact us \(https://www.nepalhikingtrek.com/contact-us\)](https://www.nepalhikingtrek.com/contact-us) anytime, day or night!

## Highlights

### Everest Base Camp Trek Highlights

- Finest walk along the country of the Himalayas.
- Great flight to Lukla.
- Hitting the famous basecamp of Everest region at 5,364 m.
- It is great to see the sunrise from Kala Patthar.
- Learn about the turquoise glacial lakes and great detours with views of Cho Oyu.
- Explore the highest peak of the world at 8848.86 m.
- Mixing with scenes and adding its adventure over iconic suspension bridges dressed with prayer flags.
- Enjoy the active vibe of Sherpa culture and tradition at Namche Bazaar.
- Ama Dablam and the history and tradition of Buddhism are easily observable at Tengboche monastery.
- Sagarmatha National Park is a UNESCO World Heritage Site with a great forest and grazing area of snow leopards.
- Savor the nervously exciting Khumbu Icefall and hike on the great Khumbu glacier.
- Watch the dazzling beauty of Mount Everest, Lhotse, Makalu, Amadablam, Nuptse, Pumori, Thamerku, Lingten, Lhola, Khangtenga, Tauche, Cholatse, and more snow-capped peaks.



## Day to Day Itinerary

- Day 01: Kathmandu arrival (1350m).**
- Day 02: Kathmandu Sightseeing and Trek Preparation.**
- Day 03: Fly to Lukla (2,869m) and trek to Phakding**
- Day 04: Trek to Namche Bazaar**
- Day 05: Rest and acclimatization**
- Day 06: Namche Bazaar to Tengboche**
- Day 07: Tengboche to Dingboche**
- Day 08: Rest and Acclimatization Hike to Nirekhasang Peak**
- Day 09: Dingboche to Lobuche**
- Day 10: Lobuche to Gorpshe**
- Day 11: To Kalapattar (5,545m), descend to Gorakshep-Pheriche**
- Day 12: Pheriche to Khumjung**
- Day 13: Khumjung to Lukla**
- Day 14: Fly back to Kathmandu**
- Day 15: Transfer to international airport for your flight home.**

## Cost Includes

- Airport pick-up and drop-off are by private car/van/bus.
- 3 nights accommodation in a 3-star (\*\*\*) hotel in Kathmandu with the BB plan.
- Kathmandu valley tour included a private car & expert tour guide.
- Kathmandu-Lukla-Kathmandu / Ramechhap-lukla-Ramechhap scenic flight.
- Full board meals during the trek (3 times/day breakfast lunch and dinner).
- Teahouse accommodations on the trek.



- Seasonal fruits/snacks during the trek.
- The first Aid kit included a BP set with Oxi-meters.
- Expert, experienced, friendly guide and porter as well as their food accommodation, salary, equipment, and insurance.
- All permits and Tims (please bring a passport copy and photos).
- Government tax.

## **Cost Excludes**

- Travel insurance & entrance fee in city.
- Cold drinks, snacks, and personal equipment.
- Tips for guide, porters and drivers.
- Any others expenses which are not mentioned on Price Includes section.